

Dunn County Community Health Assessment 2011-2015

May 2011

- 2009 population estimate: 42,968
- Rural population: 59%
- Age - 18 and younger: 20%
- Total poverty rate: 15%
- Age - 65 and older: 12%
- Median household income: \$47,808

Priorities

Determined by level of impact on community and existing resources. Communication strategies and funding are issues in all areas.

Priority	Contact	Next Steps	Timeline	Data
Physical Activity & Nutrition <i>Includes the "built" environment</i>	Wellness ROCKS, Ped/Bike Advisory Committee, UW-Stout Optimal Health Committee, School Nutrition, Emergency Food and Shelter Coalition	Wellness ROCKS continues to host free community programs about nutrition and physical activity. Mayo Clinic Health System Community Education department is developing a community activity/walking program. Farm to School interest group of people met during food summit. Grant is being submitted thru UW-Stout by Trevor Petterson. Menomonie Community Garden	Now thru Spring 2012 Kickoff mid-September 2011 Pending grant funding Opens May 2011	<ul style="list-style-type: none"> • Adults age 20 and above diagnosed with diabetes: 7% • Adults report a BMI>30: 28% • Children enrolled in public schools eligible for free lunch: 26% • Population on municipal water: 49% • Labor force drives alone to work: 76% • Population has access to healthy food outlets: 33% <p><i>Resources</i></p> <ul style="list-style-type: none"> • Wellness ROCKS: www.mayoclinichealthsystem.org • Food summit-Farm to School initiative: peteronstr@uwstout.edu • Community Garden: www.menomonicommunitygardens.com • Menomonie Farmers Market • Family Table Cooking Club • Local Food System Initiatives: www.westcap.org
Mental Health	Health Watch Dunn County-Mental Health Coalition, Partners for Resilience (PFR)	Health Watch Dunn County-Mental Health Coalition meetings and communication. PFR Advanced Health Realization/Resilience Training and participant implementation plan.	Ongoing PFR annual meeting and celebration on April 16, 2011	<ul style="list-style-type: none"> • Mental health provider shortage area • Dunn County suicides continue to number four to eight per year • Adults under age 65 without health insurance: 13% <p><i>Resources</i></p> <ul style="list-style-type: none"> • Health Watch Dunn County-Mental Health Coalition: Deb Lindemann, 715-233-7891 • Mental health brochure with area resources: www.co.dunn.wi.us • PFR-Health Realization Coalition: 715-232-1642, ext. 10127
Alcohol and Other Drug Use and Abuse (AODA)	Partnership for Youth, Chancellor's Coalition-AODA	City council ordinances changes, community collaboration with Dunn County Task force on bar checks/party patrol.	Spring and Fall 2011	<ul style="list-style-type: none"> • Population reports binge plus heavy drinking: 24% • Population reports smoking: 18% • Births mother reports smoking: 17% • Liquor store density: 12 per 100,000 (WI is seven per 100,000) <p><i>Resources</i></p> <ul style="list-style-type: none"> • Partnership for Youth coalition: www.dcpfy.org • Chancellor's Coalition-AODA: http://www.uwstout.edu/aod • UW-Stout Counseling Center: Jake Bloom, 715-232-2468

Priority	Contact	Next Steps	Timeline	Data
Environment-Natural Resources and Sustainability	Sustainable Dunn	Year of Water events. See website http://www.sustainabledunn.org/ for details.	2011	<ul style="list-style-type: none"> Gaylord Nelson, the late senator from Wisconsin, was the principal founder of Earth Day, first observed in 1970. He was passionate about the environment and received the Presidential Medal of Freedom in September 1995 in recognition of his work. In the spirit of Wisconsin's deep heritage of environmental stewardship, the Department of Tourism initiated Travel Green Wisconsin in 2006 to promote smart, environmentally friendly business practices. Website: www.travelwisconsin.com The city of Menomonie and county of Dunn have sustainability charters based on the Natural Step principles: www.naturalstep.org <p><i>Resources</i></p> <ul style="list-style-type: none"> Sustainable Dunn coalition: www.sustainabledunn.org Dunn County Solid Waste Division: www.co.dunn.wi.us or 715-232-4017

Assessment Process

Every five years, the county continues the health assessment process to re-assess the strengths and needs of the county. This year Mayo Clinic Health System - Red Cedar partnered with the Dunn County Health Department to implement the assessment process.

In January 2011, the group used the Centers for Disease Control and Prevention Com-

munity Health Assessment and Group Evaluation (CHANGE) tool to guide the process (www.cdc.gov). The team chose the tool because it combines items that have scientific support for policy, systems and environmental changes with items that communities are initiating and assessing. By supporting the collection of data from a variety of sources, CHANGE provides a community snapshot and helps identify areas for improvement.

The Community Team

Patrick Beilfuss, senior planner, Cedar Corporation
 Laura Bundy, combination family resource provider, Menomonie Head Start
 Katherine Dutton, executive director, Stepping Stones of Dunn County
 Randy Eide, public works director, City of Menomonie
 Jill Gamez, executive director, Arbor Place
 Jody Graese, RN, district nurse, Boyceville School District
 Linda Halvorson, manager, Dunn County Economic Support
 Julie Harmon, lead CMA, Mayo Clinic Health System - Chippewa Valley in Colfax
 Dawn Hase, RN, Elk Mound School District
 Vicki Holden, manager, Dunn County Aging and Disability Resource Center
 Heidi Hooten, shelter coordinator, Stepping Stones of Dunn County

Cheri Jacobson, director, Menomonie Head Start
 Gary Johnson, school social worker, School District of the Menomonie Area
 Kari Kallio, physical education and health teacher, Elk Mound School District
 Charles Kell, chair, Community Foundation Board
 Becky Kneer, community member/parish nurse, Health Watch Dunn County-Mental Health Coalition
 Kate Konkle, consultant, WI Population Health Institute
 Michael Lockheart, D.O., Mayo Clinic Health System - Red Cedar
 Wendy MacDougall, director/health officer, Dunn County Health Department
 Maltee McMahan, non-profit resource specialist, Bremer Bank
 Ramie McMahan, RN, school nurse, School District of the Menomonie Area

Christine McMasters, director of student services, School District of the Menomonie Area
 Lowell Prange, city administrator, City of Menomonie
 Janice Lawrence-Ramaeker, Student Health Services director, UW-Stout
 Steve Rasmussen, chair, Dunn County Board
 Hank Simpson, M.D., CEO, Mayo Clinic Health System - Red Cedar
 Tina Tharp, Wellness ROCKS coordinator, Mayo Clinic Health System - Red Cedar
 Robyn Thibado, social assests director, WestCap Community Action Agency
 Joan Thomas, dean of students, UW-Stout
 James Uhler, safety and risk management executive director, UW-Stout
 Linda Walsh, steering committee member, Sustainable Dunn